Research article

The impact of an End-PJ-Paralysis quality improvement intervention in post-acute care: an interrupted time series analysis

Amelia Crabtree1, Tyler J Lane2, Lisa Mahon1, Taryn Petch1 and Christina L Ekegren2,3,4,5,*

1 Department of Rehabilitation and Aged Care, Caulfield Hospital – Alfred Health, 260 Kooyong Rd, Caulfield South, 3162, VIC, Australia
2 School of Public Health and Preventive Medicine, Monash University, 553 St Kilda Rd, Melbourne 3004, VIC, Australia
3 Rehabilitation, Ageing and Independent Living (RAIL) Research Centre, School of Primary and Allied Health Care, Monash University, Peninsula Campus, Frankston, 3199, VIC, Australia
4 The Alfred Hospital – Alfred Health, 55 Commercial Rd, Melbourne, 3004, VIC, Australia
5 Baker Heart and Diabetes Institute, 75 Commercial Rd, Melbourne, 3004, VIC, Australia

* Correspondence: Email: christina.ekegren@monash.edu.au.

Supplementary
We think it’s a good thing
To get out of bed.
It strengthens your muscles
And the brains in your head.

Being in bed causes problems.
It’s true.
More infections, more weakness.
It’s not good for you.

A weakening of bones.
Walking gets hard.

The lungs lose their breath.
Joints feel quite jarred.

Supplementary Figure 1. Example of pages from educational booklet.
**Supplementary Figure 2.** Sensitivity “leave one out” meta-analyses on length of stay outcomes.
Supplementary Figure 3. Sensitivity “leave one out” meta-analyses on falls outcomes.