



Research article

Sedentary behaviour and physical activity patterns in adults with traumatic limb fracture

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Table S1. Characteristics of participants recruited (n = 120): included versus not-included in final analysis.

Characteristic	Participants included n (%)	Participants not included n (%)	p
Male	52 (62.7)	21 (56.8)	0.54
Age group (years)			0.20
18-34	36 (43.4)	15 (40.5)	
35-49	21 (25.3)	5 (13.5)	
50-69	26 (31.3)	17 (46.0)	
Injury group			0.89
Upper limb fracture	37 (44.6)	17 (46.0)	
Lower limb fracture	46 (55.4)	20 (54.1)	
Total	83 (69.2)	37 (30.8)	

Table S2. Sitting time and physical activity patterns of study population (n = 83).

	Upper limb (n = 37)	Lower limb (n = 46)	Total sample (n = 83)
Sitting time (hrs/day)*			
Mean (SD)	9.79 (1.48)	12.22 (1.40)	11.07 (1.89)
Range (min–max)	6.88–12.93	8.27–16.04	6.88–16.04
Day spent sitting (%)*			
Median (IQR)	66% (60%–73%)	85% (81%–92%)	79% (66%–87%)
Range (min–max)	41%–91%	60%–98%	41%–98%
Steps/day (n)*			
Median (IQR)	3583 (2526–4390)	647 (344–1140)	1575 (618–3445)
Range (min–max)	871–7994	143–2344	143–7993
MPA (mins/day)†			
Median (IQR)	20.17 (10.00–40.10)	1.84 (0.80–4.67)	5.22 (1.50–20.78)
Range (min–max)	0.33–72.00	0.00–40.33	0.00–72.00

*Note: missing data n = 5; †Note: missing data n = 6. SD: standard deviation; IQR: interquartile range; MPA: moderate intensity physical activity.



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